The references listed below are the key texts and source materials used in the development of items for the written Integrative Medicine exams. Most questions/cases are drawn from the primary references, with a few items being drawn from the secondary references.

**PRIMARY REFERENCE**

*Integrative Medicine*
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**SECONDARY REFERENCES**

*American Board of Integrative Holistic Medicine (ABIHM) Curriculum Study Guide*
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*Integrative Oncology*
Abrams, D. and Weil, A., Oxford University Press

*Integrative Pediatrics*
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*Integrative Psychiatry*
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Horwitz, R. and Muller, D., Oxford University Press

*Integrative Women’s Health*
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**Integrative Men's Health**
Spar, M. and Munoz, G., Oxford University Press
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**Nutrition**

*Krause's Food and the Nutrition Care Process (Food, Nutrition and Diet Therapy)*
Mahan, L.K., et al., Saunders

**Textbook of Functional Medicine**
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**Dietary Supplements, Botanicals, and other Natural Products**

**Dietary Supplements**
Mason, P., Pharmaceutical Press

*Natural Medicines (online database)*
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*Herb Nutrient and Drug Interactions: Clinical Implications and Therapeutic Strategies*
Stargrove, M, Treasure, J, and McKee, D., Mosby

**Lifestyle, Prevention, and Health Promotion**

*US Preventive Services Task Force*
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**Professional Practice of Integrative Medicine**

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