



Integrative Medicine References

The references listed below are the key texts and source materials used in the development of items for the written Integrative Medicine exams. Most questions/cases are drawn from the primary references, with a few items being drawn from the secondary references.

PRIMARY REFERENCES

Integrative Medicine

Rakel, D., Elsevier
4th Edition (2017)

Fundamentals of Complementary and Alternative Medicine

Micozzi, M., Elsevier
6th Edition (2018)

Nutrition in Clinical Practice

Katz D. and Fried, R., et al LWW
3rd Edition (2014)

SECONDARY REFERENCES

Integrative Gastroenterology

Mullin, G., Oxford University Press
2nd Edition (2020)

Integrative Oncology

Abrams, D. and Weil, A., Oxford University Press
2nd Edition (2014)

Integrative Pediatrics: Art, Science and Clinical Application

McClafferty, H., Routledge
1st Edition (2017)

Integrative Psychiatrist and Brain Health

Monti, D, and Newberg, A., Oxford University Press;
2nd Edition (2018)

Integrative Women's Health

Maizes, V. and Low Dog, T., Oxford University Press
2nd Edition (2015)



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Integrative Pain Management

Bonakdar, R, and Sukiennik, A., Oxford University Press
1st Edition (2016)

Integrative Men's Health

Spar, M. and Munoz, G., Oxford University Press
1st Edition (2014)

Lifestyle Medicine: A Manual for Clinical Practice

Mechanick, Jeffery I., Kushner, Robert F. (Eds), Springer
1st Edition (2016)

Nutrition

Integrative and Functional Medicine Nutrition Therapy: Principles and Practices (Nutrition and Health)

Diana Noland, Jeanne A Drisko, Leigh Wagner (Eds), Humana Press
1st Edition (2020)

Krause and Mahan's Food and the Nutrition Care Process

Janice Raymond and Kelly Morrow
15th edition (2020)

Dietary Supplements, Botanicals, and other Natural Products

Office of Dietary Supplements

<https://ods.od.nih.gov/>

Natural Medicines (online database)

Merged Natural Standard / Natural Medicine Comprehensive Database
<https://naturalmedicines.therapeuticresearch.com>

Lifestyle, Prevention, and Health Promotion

US Preventive Services Task Force

[\(http://www.uspreventiveservicestaskforce.org/\)](http://www.uspreventiveservicestaskforce.org/)