



Integrative Medicine References

The references listed below are the key texts and source materials used in the development of items for the written Integrative Medicine exams. Most questions/cases are drawn from the primary references, with a few items being drawn from the secondary references.

PRIMARY REFERENCES

Fundamentals of Complementary and Alternative Medicine

6th Edition: Publisher- Elsevier
Published 2018
Editor: Marc S. Micozzi

Integrative Medicine

5th Edition: Publisher- Elsevier
Published 2022
Editors: David P. Rakel, MD & Vincent Minichiello, MD

4th Edition: Publisher- Elsevier
Published 2017
Editor: David P. Rakel, MD

Nutrition in Clinical Practice

4th Edition: Publisher- Lippincott Williams & Wilkins (LWW)
Published 2022
Editors: David L. Katz; Ming-Chin Yeh; Joshua Levitt; Kofi D. Essel; Shivam Joshi; Rachel Summer Clair Friedman

SECONDARY REFERENCES

Integrative Gastroenterology

2nd Edition: Publisher- Oxford University Press
Published 2020
Editors: Gerard E. Mullin, Marvin Singh, Alyssa Parian

Integrative Men's Health

1st Edition: Publisher- Oxford University Press
Published 2014
Editors: Myles D. Spar, MD, MPH & George E. Munoz, MD

Integrative Oncology

2nd Edition: Publisher- Oxford University Press
Published 2014
Editors: Donald I. Abrams, MD & Andrew T. Weil, MD



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Integrative Pain Management

1st Edition: Publisher- Oxford University Press
Published 2016
Editors: Robert A. Bonakdar, MD & Andrew W. Sukiennik, MD

Integrative Pediatrics: Art, Science and Clinical Application

1st Edition: Publisher- Routledge
Published 2017
Editor: Hilary McClafferty

Integrative Psychiatrist and Brain Health

2nd Edition: Publisher- Oxford University Press
Published 2018
Editors: Daniel A. Monti, MD & Andrew B. Newberg, MD

Integrative Women's Health

2nd Edition: Publisher- Oxford University Press
Published 2015
Editors: Victoria Maizes, MD & Tieraona Low Dog, MD

Lifestyle Medicine: A Manual for Clinical Practice

1st Edition: Publisher- Springer International Publishing
Published 2016
Editors: Jeffrey I. Mechanick, MD & Robert F. Kushner, MD.

Dietary Supplements, Botanicals, and other Natural Products

Natural Medicines (online database)

Merged Natural Standard / Natural Medicine Comprehensive Database
<https://naturalmedicines.therapeuticresearch.com>

Office of Dietary Supplements

<https://ods.od.nih.gov/>

Lifestyle, Prevention, and Health Promotion

US Preventive Services Task Force

[\(http://www.uspreventiveservicestaskforce.org/\)](http://www.uspreventiveservicestaskforce.org/)



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Nutrition

Integrative and Functional Medicine Nutrition Therapy: Principles and Practices (Nutrition and Health)

1st Edition: Publisher- Springer International Publishing (Humana)
Published 2020
Editors: Diana Noland, MPH, RDN, CCN; Jeanne A. Drisko, MD, CNS, FACN;
Leigh Wagner, PhD, MS, RDN, LD

Krause and Mahan's Food and the Nutrition Care Process

16th Edition: Publisher- Elsevier (Saunders)
Published 2022
Editors: Janice L. Raymond, MS, RD, CD & Kelly Morrow, MS, RD, FAND

15th Edition: Publisher- Elsevier (Saunders)
Published 2021
Editors: Janice L. Raymond, MS, RD, CD & Kelly Morrow, MS, RD, FAND